#### KS3 & 4 PSHE OVERVIEW - 2024 -25

Work hard. Be kind. Take responsibility.

	Autumn	Spring	Summer
Year 7	Resilience and Self Esteem & Online Safety <sup>1</sup>	<b>Diversity</b> and Relationships	Building Relationships (Off/online) Summer safety reminder /sexploitation
	Political Systems	Your Changing Body	Financial Decision Making & Dream Jobs
Year 8	Identity and Relationships & Social  Media online safety*	Mental Health & Your changing Body (FGM)*	Money
	Drugs and Alcohol (dangers of Vaping)	Equality and Discrimination (Protected characteristics & British Values)	Careers <sup>1</sup>
Year 9	Peer Influence & gangs	Respectful Relationships (on/off line) sexting/sexploitation	Intimate Relationships
	Employability	Heathy Lifestyles	Justice System
Year 10	Mental Health	Interactions	Addressing Extremism and Radicalisation
	Financial Decision Making & Employment*	Exploring influence	Democracy and Electoral Systems
Year 11	Communication in Relationships (use of language)	Families	GCSE EXAMS
	Independence	Financial Decision Making	

PSHE Themes

Relationship & Sex Ed

Living in a wider world

Heath & well being

Careers



#### Adjustments

- To deliver PSHE lessons that support our students understanding and to have flexibility to adapt the topics and timings of topics in light of internal and external feedback.
- Sexting and Sexploitation will form part of all relationship lesson online to ensure consistent message as national initiative
- Use of language in communication to combat negative, derogatory language being highlight and what is now ok.
- Use of external guest speakers to emphasise key points like Police for consent, inappropriate touching and summer safety
- Reordering of FGM to Year 8 in light of parent, student and staff feedback
- Diversity assemblies to support PSHE messages as clear student understand what is not acceptable racist language and behaviour
- Lessons are created centrally with a booklet and presentation. Adaptions and new topics and video clips to added as things change.

PSHE Curriculum covers key themes of Relationships and Sex Education, Living in wider world understanding protected characteristics and British Values and being a British citizen, finance. It also covers understanding of health and well being so have open discussion about mental health and healthy lifestyle habits. Finally it covers Careers and employability skills for world of work.

# KS5 PSHE OVERVIEW – 2024 -25

Work hard. Be kind. Take responsibility.

PSHE Themes

Relationship & Sex Ed

Living in a wider world

Careers

Heath & well being



	Autumn	Spring	Summer
Year 12	Future Aspirations Careers, Finance and Independence 1	Health & Wellbeing	Sex Relationships & Society
	Sex Relationships & Society	Careers Finance and Independence	Personal Statements / Work Experience
Year 13	Future Aspirations Careers Finance and Independence	Sex Relationships & Society 3	A LEVEL EXAMS

### **Park House School**

# KS3 PSHE/ WITH RE OVERVIEW – 2024 -25

Work hard. Be kind. Take responsibility.

	Autumn	Spring	Summer
Year 7	Resilience and Self Esteem & Online Safety <sup>1</sup>	Diversity and Relationships	Building Relationships (Off/online) Summer safety reminder of Sexplotation
	Political Systems	Your Changing Body	Financial Decision Making & Dream Jobs
	Foundations - religions of the world	Beliefs and ethics	Community & Identity
Year 8	Identity and Relationships & Social Media online safety*	Mental Health & Your changing Body (FGM)	Money
	Drugs and Alcohol (dangers of Vaping)	Equality and Discrimination (Protected characteristics & British Values)	Careers <sup>1</sup>
	Foundations – religions of the world	Rights & Responsibilities	Love & Compassion
Year 9	Peer Influence & gangs	Respectful Relationships	Intimate Relationships
	Employability	Heathy Lifestyles	Justice System
	Love & Compassion	Meaning of Life	Reflection



PSHE Themes

Relationship & Sex Ed

Living in a wider world

Heath & well being

Careers

Religious/Spiritual

### Adjustments

- To deliver religious education one hour a week so alternate week will be PSHE
- RE to be taught by PSHE teacher so centralise booklets and presentation to be provided to support teacher understanding
- Use of booklets, discussion, turn and talk, video clips, Visits from expert speakers, trips(tbc) to support delivery of RE in line with government requirements