Subject: DANCE OVERVIEW



	Autumn Term 1.1	Autumn Term 1.2	Spring Term 2.1	Spring Term 2.2	Summer Term 3.1	Summer Term 3.2
Year 7	Importance of warm up. Physical Skills. (Part 1) Dance Actions. Choreography: Clock Dance	Physical skills (Part 2) Dance actions. Clock dance choreography tasks.	Professional work A Linha Curva. (Part 1) Dance style – samba/capoeira/contempor ary. Physical & Expressive skills. Choreography tasks.	Professional dance work A Linha Curva. (Part 2) Dance style – samba/capoeira/contempor ary. Physical & Expressive skills. Choreography tasks.	Appreciation of Professional works: Stamping Ground by Jiri Kilian & Still Life at the Penguin Café by Bintley. Dance style: Modern Ballet & contemporary. Performance skills: Physical & Expressive. Choreography Tasks.	Introduction to Indian Bhangra & African dance styles. Performance skills: Physical & Expressive Choreography tasks.
Year 8	Warm up. Physical Skills. Dance Actions. West Side Story by Robbins	Qualities of high-achieving performance. Expressive Skills. West Side Story by Robbins Dance style: Jazz Choreography tasks.	Professional work: Emancipation of Expressionism by Kenrick H2O Sandy Dance style – Hip hop Physical & Expressive skills. Choreography Tasks	Professional work: Emancipation of Expressionism by Kenrick H2O Sandy Dance style – Hip hop Physical & Expressive skills. Choreography Tasks	Professional work: Nutcracker by Bourne. (Sweetie section) Physical & Expressive skills. Choreography tasks.	Professional work: Within Her Eyes Dance style: contemporary contact work Choreography Tasks.
Year 11	Revise Performance skills Recap 'Breathe' and 'Shift' solo phrases Trio Performance piece – extend. Research exam stimulus for Choreography. Finish topic of <i>Infra</i> by Wayne McGregor. Dance Appreciation - Written Paper Section A & B	Practise 'Breathe' & 'Shift' Continue to learn Trio Performance piece. Introduce professional work Within Her Eyes by James Cousins. Dance Appreciation — Section C Begin NEA choreography	Rehearse solos & trio performance to prepare for practical exam Artificial Things by Lucy Bennett NEA choreography Dance Appreciation - Section C Professional Works – Essay structure & content	Rehearse solos & trio piece for exam. Complete NEA choreography. Dance Appreciation: Written Examination practise questions	Practical dance exam – Film & assess all work. Practice/revision of all content of Sections A, B & C of the written examination paper	Component 2: Written examination June 2025