

Sport

Head of Department:
Mr D Tree

This course is suited to students who have a strong interest in sport and who want to follow a career in the Leisure and Fitness industry, perhaps as a coach or, fitness instructor. The Certificate is a practical work-related course in which students learn by completing assignments that are based on realistic workplace situations, activities and demands. Students are assessed continuously over the three years in addition to on-line exam. It is therefore essential that students are able to learn, recall and apply knowledge in exam situations, organise their time and meet deadlines, work cooperatively in groups and work with passion and enthusiasm.

BTEC Level 2 First Award in Sport

Awarding Body: EDEXCEL
Possible Grades: Distinction-Pass



Course Outline

Core Units

The following two units must be completed

1. Fitness testing & training (external exam)
2. Practical sport (internal assessment – coursework)

Additional Units

These will be studied from the list below:

3. Leading sports activities
4. Running a sports event
5. Training for personal fitness
6. The mind and sports performance
7. Lifestyle and well being

Study methods: classroom teaching, practical lessons, project work both short and long term, visits, role play,

guest speakers, ICT to analyse performance and produce coursework assignments.

Assessment

Written examination: 25% (on-line)
Coursework: 75% (internal assessment)

BTEC First Awards are vocational and designed to relate to the National Occupational Standards and provide much of the knowledge for this. All coursework assessments are based on application of practical knowledge rather than practical ability. The course develops practical skills in preparation for work and prepares for advanced courses such as BTEC National Diploma/ certificate/ award in sport and VCE in Leisure and Tourism.



Specification link:

<http://qualifications.pearson.com/en/qualifications/btec-firsts/sport-2012-nqf.html>

Recommended textbook: BTEC Level 2 First in Sport 2nd Edition (Oxford 2013)