

# Physical Education

Head of Department:  
Mr D Tree

*Students choosing to study GCSE PE should either have further study in Physical Education or a related subject in mind. They must also enjoy and more importantly have an aptitude for the subject and wish to study it in greater depth. Students must be aware that there is a rigorous academic component to this course and a need for strong physical skills and a firm commitment to PE and Games. A commitment to extra-curricular school sport and representative teams is essential.*

## GCSE Physical Education

Awarding Body: AQA  
Possible Grades: 9-1



## Course Outline

The GCSE Physical Education course provides students with the knowledge and understanding of how to live a healthy and active lifestyle, enabling them to make informed choices about their own physical development. Students can choose from a variety of both, individual and team sports to be assessed in as a performer.

Students have the opportunity to develop a practical set of key skills, including analysing and evaluating performance, suggesting effective plans for improvement, dealing with pressure, split second decision-making, interpreting and analysing data, and more.

Students will learn about principles behind training and the different forms that are available to improve all

aspects of their own performance. They will study different influences in society that affect PE and sport in its wider sense.

Homework will be set on a regular basis in both theory and practical lessons. This is an integral part of the course which helps students gain greater insight into the work covered.

## Assessment

Written examination 60%  
Coursework: 40%

The assessment will be in two parts.

A centre based assessment of three practical activities as a performer and one analysis of performance worth 40% together.

Two final written examinations of 1¼ hours duration worth 60% which is set and marked by the examining body.



Specification link:

<http://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582>

Recommended textbook: AQA GCSE 9-1 PE (Hodder 2016)