

**PE Extra-Curricular Timetable Autumn 2018**

(After School sessions run from 3.30pm to 4.45pm unless otherwise stated)

N.B. Please note: this is currently provisional and may be subject to change

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday Mornings
Lunch						
Yr 7		Strength & Conditioning (ER)	Wellness (ER)	Trampolining (ER)	Wellness (ER)	
Yr 8		Strength & Conditioning (ER)	Trampolining (SC) Wellness (ER)	Touch Rugby (AB/MK)	Wellness (ER)	
Yr 9		Strength & Conditioning (ER)	Trampolining (SC) BTEC Sport Catch Up. PE1	Touch Rugby (AB/MK)	Wellness (ER)	
Yr 10		Strength & Conditioning (ER)	Trampolining (SC) BTEC Sport Catch Up. PE1 Wellness (ER)	Touch Rugby (AB/MK)	Wellness (ER)	
Yr 11		Strength & Conditioning (ER)	Trampolining (SC) Wellness (ER)	Touch Rugby (AB/MK)	Wellness (ER)	
6th Form			Wellness (ER)			
All years						
After School						
Yr 7	Basketball (after enrichment, until 16:30)	Netball Match Night (ER) Rugby Training (PH) Running Club/Cross Country Fixtures (MB) (See Fixtures Calendar) Girls Football Training (NB)	Netball Training (ER/SC) Rugby Training/Rugby Match Night (PH/RE) (See Fixtures Calendar) Wellness (JR)	Cross Country Fixtures (DT) (See fixtures calendar) Girls Rugby Training (NM) Table Tennis (PH)	Basketball (until 17:00)	Rugby Match (See Fixtures Calendar)
Yr 8	Basketball (after enrichment, until 16:30)	Girls Football Training (NB) Running Club/Cross Country Fixtures (MB) (See Fixtures Calendar)	Netball Training (SC) Rugby Training (HK) Wellness (JR)	Netball Match Night (SC) Rugby Training/Rugby Match Night (HK) Cross Country Fixtures (DT) (See fixtures calendar) Girls Rugby Training (NM) Table Tennis (PH)	Basketball (until 17:00)	Rugby Match (See Fixtures Calendar)
Yr 9	Basketball (after enrichment, until 16:30)	Girls Football Training (NB) Rugby Training/Rugby Match Night (DT/NS) (See Fixtures Calendar) Running Club/Cross Country Fixtures (MB) (See Fixtures Calendar)	Hockey Match Night (NB) Wellness (JR) Rugby Training (DT)	Hockey Training (NB) Cross Country Fixtures (DT) (See fixtures calendar) Girls Rugby Training (NM) Table Tennis (PH) GCSE Catch up (DT - except Cross-Country fixture nights)	Basketball (until 17:00)	Rugby Match (See Fixtures Calendar)
Yr 10	Basketball (after enrichment, until 16:30)	Rugby Training (JR) Running Club/Cross Country Fixtures (MB) (See Fixtures Calendar) Girls Football Training (NB)	Hockey Match Night (NB) Wellness (JR) Rugby Training (DT)	Hockey Training (NB) Rugby Match Night (JR) Cross Country Fixtures (DT) (See fixtures calendar) Girls Rugby Training (NM) Table Tennis (PH) GCSE Catch up (DT - except Cross-Country fixture nights)	Basketball (until 17:00)	Rugby Match (See Fixtures Calendar)
Yr 11	Basketball (after enrichment, until 16:30)		Hockey Training/Match Night (ER) Rugby Fixtures (See fixtures calendar) Wellness (JR)	Table Tennis (PH) GCSE Catch up (DT - except Cross-Country fixture nights)	Basketball (until 17:00)	
6th Form	Basketball (after enrichment, until 16:30)		Hockey Training/Match Night (ER) Rugby Fixtures (See fixtures calendar)		Basketball (until 17:00)	